

Curriculum Vitae

Birgit Teufer, MA

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Work experience

- | | |
|---------------------------|--|
| Since 10/2016 | Academic Associate
Department für Evidence-based Medicine and Evaluation
Danube University Krems, 3500 Krems, Austria |
| Since 06/2016 | Master thesis supervisor
Ferdinand Porsche Fern-FH (University of Applied Sciences), 2700
Wiener Neustadt, Austria |
| 21/01/2013–
30/09/2016 | Assistent
Department für Evidence-based Medicine and Clinical Epidemiology
/Center for Evaluation
Danube University Krems, 3500 Krems, Austria
Parental leave 05/14-09/15 |
| 01/01/2011–
06/05/2011 | Management Assistent
PayLife Service GmbH, 1030 Vienna, Austria |
| 01/05/2009–
31/12/2010 | Employee sales/internal service
PayLife Bank GmbH, 1030 Vienna, Austria |

Education

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|-----------------|--|
| 10/2017–today | Bachelor in Psychology
Fernuniversität Hagen (distance education university), 58097 Hagen, Germany
Desired degree: Bachelor of Science |
| 09/2014–06/2016 | Master's Degree: Business Administration and Business Psychology
Ferdinand Porsche Fern-FH (University of Applied Sciences), 2700 Wiener
Neustadt, Austria
Specialization Marketing Management; Degree: Master of Arts in Business, MA |
| 09/2009–05/2013 | Bachelor's degree: European Economy and Business Management
FH des bfi Vienna (University of Applied Sciences), 1020 Vienna, Austria
Degree: Bachelor of Arts in Business, BA |
| 09/2003–06/2008 | A-levels
Business academy Krems a.d. Donau, 3500 Krems, Austria |

Further trainings

09/2019	Course: An introduction to Causal Diagrams Medical University Vienna
06/2018	Cochrane Workshop: Systematic Reviews of diagnostic studies Cochrane Methods, Vienna
11/2017	Workshop: GRADE - from studies to guidelines Danube University Krems
02/2017	Workshop: Critical evaluation of medical studies Danube University Krems
09/2016-10/2016	Online-Workshop: Gender and diversity competence Ferdinand Porsche FernFH
10/2016	Workshop: Medical statistics for non-statisticians Danube University Krems
05/2016	Workshop: Introduction to literature research and systematic literature research Danube University Krems
12/2013	Introduction to data analysis with SPSS Danube University Krems
10/2013	Workshop: Quality assurance in health promotion Danube University Krems
03/2013	EndNote intensive training Adept Scientific GmbH

Publications and Presentations

Articles in scientific journals (peer-reviewed)

Matyas, N., Aschenberger, F. K., Wagner, G., **Teufer, B.**, Auer, S., Gisinger, C., ... & Gartlehner, G. (2019). Continuing education for the prevention of mild cognitive impairment and Alzheimer's-type dementia: a systematic review and overview of systematic reviews. *BMJ open*, 9(7), e027719.

Sommer, I., Titscher, V., **Teufer, B.**, Klerings, I., Nußbaumer-Streit, B., Szlag, M., ... & Ebenberger, A. (2019). Evidence-based recommendations for the revision of the Austrian periodic health examination. *Wiener medizinische Wochenschrift* (1946).

Teufer, B., Sommer, I., Nussbaumer-Streit, B., Titscher, V., Bruckmann, C., Klerings, I., & Gartlehner, G. (2019). Screening for periodontal diseases by non-dental health professionals: a protocol for a systematic review and overview of reviews. *Systematic reviews*, 8(1), 61.

Wagner, G., Schultes, M. T., Titscher, V., **Teufer, B.**, Klerings, I., & Gartlehner, G. (2017). Efficacy and safety of levomilnacipran, vilazodone and vortioxetine compared with other second-generation antidepressants for major depressive disorder in adults: A systematic review and network meta-analysis. *Journal of affective disorders*.

Other publications

Teufer, B., Nußbaumer-Streit, B., Ebenberger, A., Titscher, V., Conrad, S., Langer, G., ... & Gartlehner, G. (2019). GRADE-Leitlinien zu Gerechtigkeit 1. Berücksichtigung der Gerechtigkeit im Gesundheitswesen bei der Entwicklung von GRADE-Leitlinien: Einführung und Hintergründe. - GRADE equity guidelines 1: considering health equity in GRADE guideline development: introduction and rationale. Zeitschrift für Evidenz, Fortbildung und Qualität im Gesundheitswesen.

Teufer, B., Sommer, I., & Affengruber, L. (2018). Why small-sized companies implement workplace health promotion and what they expect. European Journal of Public Health, 28(suppl_4), cky214-108

Teufer, B. (2018). Österreichische Vorsorgeuntersuchung 2020 (Austrian Health Checkup 2020), Qualitas 01/2018

Hudetz, Ch.; **Teufer, B.** (2018). Zero Waste: Nachhaltiges Konsumverhalten zur Müllvermeidung und -reduktion in Österreich (Zero Waste: Sustainable consumer behaviour for waste avoidance and reduction in Austria). In: Conference proceedings of the 12th Research Forum of the Austrian Universities of Applied Sciences (FFH) 2018

Teufer, B., & Schwarzenberger, H. (2017). Einfluss der Persönlichkeit auf nachhaltigen Konsum (Influence of personality on sustainable consumption). In: Conference proceedings of the 11th Research Forum of the Austrian Universities of Applied Sciences (FFH) 2017

Presentations/posters

Presentation at the 5th Conference of the Austrian Platform on Health Competence (ÖPGK), 2019: „Förderung der Gesundheitskompetenz durch Digitalisierung in der betrieblichen Gesundheitsförderung“ ("Promotion of Health Competence through Digitisation in Workplace Health Promotion")

Presentation at the 22nd Annual Conference of the German Society for Evaluation (DeGEval), 2019: „FGÖ-Fördercall zur Betrieblichen Gesundheitsförderung – Evaluation auf mehreren Ebenen mit Fokus auf nachhaltiger Verankerung und gesundheitlicher Chancengerechtigkeit“ („FGÖ funding call for company health promotion) - Evaluation at several levels with a focus on sustainable anchoring and equal opportunities in health".

Poster at the 19th Annual Conference of the German Network for Evidence-Based Medicine, 2019: „Effektivität von Screening nach Parodontalerkrankungen außerhalb des zahnärztlichen Settings - Ergebnisse eines mehrstufigen Review-Verfahrens mit unterschiedlichen Methoden“ ("Effectiveness of screening for periodontal diseases outside the dental setting - Results of a multi-stage review procedure with different methods".)

Poster at the 12th European Public Health Conference 2018, Ljubljana: "Why small-sized companies implement workplace health promotion and what they expect"

Presentation at the 11th Research Forum of the Austrian Universities of Applied Sciences (FFH) 2017, Krems: "Einfluss der Persönlichkeit auf nachhaltigen Konsum" ("Influence of personality on sustainable consumption.")

Teaching activities at universities and universities of applied sciences

Karl-Landsteiner Private University

- Since 2018 Course *Methods of Social Sciences* in the module Scientific Thinking in Medicine, Bachelor's degree in Health Science
- 2018 Supervision of practical training groups for *Diagnostic studies* and *RCTs* in the module Scientific Research Project, Bachelor's degree in Health Science

Danube University Krems

- Since 2017 Teaching in the Department of Nursing Science on *Introduction to Public Health, Introduction to the Electronic Literature Search* and *Systematic Literature Search*
- 2017 Lecturer at the Centre for Health Sciences and Medicine on *Literature search and citation rules*

Ferdinand Porsche Fernfachhochschule (Distance universities of applied sciences)

- Since 2016 Supervision of master theses in the Master's programme Business Administration & Business Psychology